

Your Guide to Bald Head Island

Bald Head Island is a private island that you can only get to by boat or ferry. As a golf cart only island, you will leave your vehicle behind and cruise on the golf cart provided at the home. The island is approximately 5 by 2 miles. You can bike around the island in only an hour or two! Bald Head Island is home to the oldest lighthouse in North Carolina. There are plenty of nature hikes, wildlife watches, beach accesses, shops, restaurants, and activities to enjoy. Read below for a full list of recommendations from your iTrip Vacations NC Beaches family.

*****Please keep in mind that some activities and restaurants we mention below might be seasonal, please check directly with the business for updated availability and hours*****

The Basics

Click here to view a map of the island:

<https://villagebhi.org/visitors/public-beach-accesses/>

Grocery Store - (910) 457-7450 - maritimemarketbhi.com

The Maritime Market has the full offering of fresh meat, seafood, produce, dairy, deli meats and a full service café. It is the only grocery store on the island but it has everything you need to enjoy lovely meals during your stay. You can order your groceries to your rental property before you check in (at least 48 hour advance notice) and they will stock the fridge and pantry for you. For grocery delivery you can fill out the form from the link below or call them at (910) 457-7450.

<https://www.maritimemarketbhi.com/grocerydelivery>

Please let us know if you plan to get groceries delivered, you will need to give them the code to the house and we will need to let the cleaners know so they don't throw away your food.

During the Fall season the market is not delivering groceries. They will resume their grocery delivery service for Thanksgiving. Please check with the market directly for more details.

BHI Tram - This is a reminder that you should purchase your tickets for the Bald Head Island Tram. Reservations for the Tram made well in advance are highly recommended, as seats are limited. Please go to: <http://baldheadislandferry.com/tram> for details.

Fun Fact: The Island may look familiar to you, this was the island that "Weekend at Bernie's" (1989) was filmed on, as well as "The Butcher's Wife" (1991), and "Pirate Kids II: The Search for the Silver Skull" (2006).

Bald Head Island Activities

Coastal Urge

Cruise on or off the island with **Coastal Urge to rent out bikes, carts, paddleboards, and kiteboards. Visit rentals.coastalurge.com for more info. **This season Coastal Urge has a "Luxury Tent Package" which includes: delivery and set up of a custom 10x0 beach tent, 4 adjustable chairs, a Bluetooth-enabled Smart Cooler, ice, 6 bottles of water, a corn hole set, and a trash bag for easy clean up. All items are delivered to the beach access of your choice by 10:30am each morning and taken down after 5pm [Reservations for the coming season are now available](#) - Contact Coastal Urge for more information! 1-800-383-4443.

Riverside Adventure Company

Rent out beach equipment including bikes, umbrellas, chairs, beach games like bocce, croquet and bean bag toss through **Riverside Adventure Company. Visit riversideadventure.com for more info. (910) 457-4944

Beach & Baby Equipment Rental

****Beach & Baby Equipment Rental** also offers beach rentals including bocce ball sets, beach carts, chairs, and tents. Island Hardware also rents chairs and umbrellas. Visit their website at baldheadbabies.com for more info. (910) 833-0446

**For another option, Baby Quip also offers baby equipment, they will meet you at the ferry with the equipment you need, [CLICK HERE FOR MORE BABY ITEM RENTALS](#)

Bald Head Island Conservancy

Visit the Bald Head Island Conservancy or the Sail Shop for a great adventure with **turtle sightings, hikes, spooky ghost walks, treasure hunts, fishing, sailing adventure, or kayaks and canoes. Visit bhic.org or thesailshop.com for more information. (910) 457-6844

Bald Head Lighthouse

Create memories at historic sites like the **Bald Head Lighthouse at the Smith Island Museum. Old Baldy is the oldest standing lighthouse in North Carolina AND you can get a magnificent view of the whole island from the top if you decide to climb up the 109 feet. OR you can go on a historic island tour to find out revolutionary war history and more from the Old Baldy Foundation. Visit oldbaldy.org for more information. [\(910\) 457-7481](tel:9104577481)

Nature Walks

****Wildlife exploring and nature walks** are all around the island. You can go bird watching, trek the turtle trail, and maybe see an alligator in the gated pond.

Take a hike off of Federal Road near the market on the **M. Kent Mitchell Nature Trail that provides a 360 degree view of the marsh. For a guided hike or other fun activities visit the Bald Head Island Conservancy. You can also go on a guided kayak or canoe trip along the marshes through the Bald Head Island Conservancy as well.

Island Retreat Spa and Salon

Need a place to unwind and recoup? Visit the **Island Retreat Spa and Salon for all your relaxation needs. <https://spa.islandretreatspa.com>

Village Chapel

The **Village Chapel of Bald Head Island provides all people an opportunity to worship God, express faith, and observe Judeo Christian traditions. Visit villagechapelofbaldheadisland.org for more information.

Southport

Check out the **Southport mainland on a quick trip on a water taxi. (or take the ferry) There are many shops and places to eat to explore for the day at Southport! Call the **Southport Water Taxi** to set up your day trip at (910) 457-7141.

Fishing Excursions

Take a **fishing trip through charters on the island. Visit baldheadassociation.com/boat-services-charters to make your reservations during your stay. Fishing licenses are available at ncwildlife.org

Restaurants on BHI

Near Deep Point Marina, Southport

- Island Times Cafe (910) 269-2337, islandtimescafe.net
 - Grab and go breakfast, lunch, and snacks before you hop on the ferry

Near the BHI Marina

- Lulu's BBQ (910) 477-6169, [Lulu's BBQ Kitchen](#), [click here](#) to visit their FB page for updates
 - Good old-fashioned pulled pork, ribs, brisket, and chicken
- Jules Salty Grub & Island Pub (910) 457-7217, www.julesaltsygrubbhi.com

- Waterfront spot in the heart of the island serves southern and seafood with a coastal flair
- Delphina Coastal Cuisine (910) 457-1222, www.delphinabhi.com
 - Mexican, seafood, and fun drinks
- Sandpiper Coffee and Ice Cream (910) 457-1222, www.sandpipercoffee.com
 - Enjoy a hot brew or some cold custard
- Will O' the Wisp (910) 363-1887, www.thewispbhi.com
 - Waterfront wine, beer, and gourmet snacks
- Marina Pizza (910) 457-1226, www.delphinabhi.com/marina-pizza.html
 - Delicious artisan pizza ordered to go

Near the Maritime Market

- *****NEW***** Jailhouse Provisions (910) 477-9368
 - Wonderful new addition to Bald Head's Restaurant options!
- *****NEW***** Midway Cafe (910) 477-9368, midwaycoffeebhi.com
 - Coffee, Acai Bowls, Smoothies, Specialty breakfast toast, ice cream, and more!
- Maritime Market Café (910) 457-7450, maritimemarketbhi.com
 - Get your groceries, yummy lunch, or a sweet treat
- Copper's Wood-Fired Kitchen (910) 457-7450, maritimemarketbhi.com/coppers
 - Delicious pizza, part of the Maritime Market
- Noonie Doodle Sweets and Treats (910) 769-2611, www.nooniedoodle.com
 - Local candy shop with chocolates, candies, kids crafts, and more

Club Dining on the Island

Bald Head Island Club: www.bhiclub.net/dining

(You will need to purchase the temporary membership to the BHI club to have access to these restaurants, we have sent all the information for purchasing the club via email but if you need help let us know)

- Horizons (910) 477-5011, www.bhiclub.net/horizons
 - Poolside, outdoor/indoor coastal cuisine with a twist; lunch, dinner, and take out available
- Palms Room (910) 363-0939, www.bhiclub.net/palms
 - Casual dinner atmosphere with beautifully crafted cocktails
- The Grille (910) 363-0939, www.bhiclub.net/grille
 - Fine dining with exquisite dinner and dessert

- The Terrace www.bhiclub.net/terrace
 - Al fresco dining for lunch and dinner featuring great views
- The Bean Bar *Located inside the Horizons*, www.bhiclub.net/the-bean-bar
 - Freshly brewed coffee and tasty breakfast treats or dishes

Shoals Club: shoalsclub.com

(You will need to purchase the temporary membership to the Shoal's club to have access to these restaurants. Depending on the property you are staying at, you may or may not have access to purchase the Shoal's club, if you are unsure if you have access to purchase Shoal's club, please reply to this email)

- Aqua (910) 454-4888
 - Fine dining with simple, yet sophisticated preparations of fresh, regionally sourced, seasonal ingredients
- Latitudes (910) 454-4888
 - Amazingly crafted drinks from coffee to cocktails
- Sandbar Grille (910) 454-4888
 - Poolside casual dining with a Caribbean, Asian, and local flare

Near the BHI Conservancy

- Mike's Bites (910) 275-8185, [click here](#) to visit their FB page with updates
 - Everything from Italian ice, sandwiches, and hot dogs for your appetite

Catering

- Cape Fear Boil Company (910)-707-3034, www.capefearboilcompany.com
 - "Dining out at the beach can be a daunting task. Leaving the beach early, hour long waits for tables, expensive drinks, and mediocre food are just the start! Let Cape Fear Boil Co. solve your dining dilemma with our unique approach! Choose either our at-home catering or one of our steam pots to-go. Maximize your beach time and enjoy a meal and experience you won't soon forget!"
- The Maritime Market also do Catering on occasion, contact them for more details: (910) 457-7450, maritimemarketbhi.com

Shopping

- All About Art: www.allaboutartbhi.com
- Bald Head Blues: www.baldheadblues.com
- Bald Head Island Club Golf Shop: www.bhiclub.net
- Beach & Baby Equipment rental: baldheadbabies.com or <https://www.babyquip.com/brandy554>
- Coastal Urge Retail Shop: www.coastalurge.com
- Dockmaster convenience store: www.baldheadisland.com/island/activities/shopping
- Harbormaster Store at Deep Point Marina: www.baldheadisland.com/island/activities
- Island Hardware: www.ihandm.com/
- Island Passage: www.islandpassageclothing.com
- Noonie Doodle Sweets & Treats: www.nooniedoodle.com
- Silver Peddler: thesilverpeddler.com
- The Sail Shop: www.baldheadisland.com/island/activities/shopping/the-sail-shop
- AND more!

HELPFUL LINKS: (if the link does not work when you click it please try copying and pasting the address into your web browser)

- Always Ready Cart Care: www.alwaysreadycarts.com
- Antique Maps & More: www.antiquemapsandmore.com/
- Bald Head Island Club: www.bhiclub.net
- Island Club Food Ordering: email horizonstogo@bhiclub.net
- Bald Head Island Conservancy: www.bhic.org
- Bald Head Island Ferry: www.baldheadislandferry.com/covid19
- Cary Cart Company: www.carycartco.com
- Coastal Urge: www.coastalurge.com
- iTrip Vacations NC Beaches [Click here](#) visit our website with all the wonderful properties we manage!
- Island Hardware
- Old Baldy Foundation: www.oldbaldy.org
- Riverside Adventure Company: www.riversideadventure.com
- Room Service: www.roomservicebhi.com
- Village Chapel: www.villagechapelofbaldheadisland.org
- Village of Bald Head Island: www.villagebhi.org

- For COVID-19 related updates please visit our site:
<https://itripncbeaches.com/covid-19-updates>

*There is no doubt that you will have a great time on this beautiful private island.
If you need any specific recommendations or have any questions let us know by replying to this
email!*